

October 2018

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|--|--|--|--|
| | 1 9:30 – Thankful Tree Hand Leafs 2:00 – CRAFT: Leaf Magnets | 2 9:30 – Exercise – YOGA <small>(In Activity Room)</small> 10:45 – Coffee & Readers Group by the Fireplace 2:00 – Cards & Crib | 3 9:30 – Hockey 10:30 – Coffee Talk & Current Events 2:00 – Birthday Party to Celebrate October Birthdays MUSIC Ben & Shirley Dining Room 3:30 – GranPals | 4 FLU SHOTS DINA PREPING FOR STANDARDS 7:00 – Church: Knox United | 5 FUNKY FRIDAY DINA WORKING ON LIBRARY 1:00 – Bill Annett Book Signing Reception  | 6 Happy Birthday Aggie  |
| 7 | 8 STAT HOLIDAY Happy Thanksgiving!  | 9 Happy Birthday Paul 9:30 – Exercise – YOGA <small>(In Activity Room)</small> 10:45 – Coffee & Readers Group by the Fireplace 2:00 – Cards & Crib | 10 9:30 – Hockey 10:30 – Coffee Talk & Current Events 2:00 – 1:1's 3:00 – Knox Talks 3:30 – GranPals | 11 9:30 – Exercise – Chair YOGA <small>(In Activity Room)</small> 10:30 – 12:00 – Oaks & Acorns Come visit with the children! 2:00 – BINGO 7:00 – Church: Seventh-Day | 12 FUNKY FRIDAY 9:30 – Funcises 10:45 – Hangman 2:00 – Visit from the Hanna Lodge Residents & Ice Cream Parlor | 13 |
| 14 | 15 **OUTING – BUS FREE** 10:00 – Drive in the Country, Subway Picnic Lunch & Coffee/Tea at Little Gem Ranch with Elaine & Murray Sankey | 16 9:30 – Exercise – YOGA <small>(In Activity Room)</small> 10:45 – Coffee & Readers Group by the Fireplace 2:00 – Cards & Crib | 17 Happy Birthday Madeline 9:30 – Hockey 10:30 – Coffee Talk & Current Events 2:00 – Horse Races 3:30 – GranPals | 18 10:00 – Decorate for Halloween & Put out Halloween Costumes 2:00 – MUSIC: Rev. Kwon (Piano) Hymn Singing 7:00 – Church: Full Gospel | 19 Happy Birthday John FUNKY FRIDAY 10:00 – CRAFT: Halloween Fun 2:00 – BINGO | 20 |
| 21 | 22 10:00 – Make Pumpkin Pie 2:00 – Oktoberfest Happy Hour & Eat Pumpkin Pie Alcohol Beverages \$3.00 each | 23 9:30 – Exercise – YOGA <small>(In Activity Room)</small> 10:45 – Coffee & Readers Group by the Fireplace 2:00 – Cards & Crib | 24 9:30 – Hockey 10:30 – Coffee Talk & Current Events 2:00 – Pool Hall 3:00 – Knox Talks 3:30 – GranPals | 25 DINA OFFICE DAY 9:30 – Exercise – Chair YOGA <small>(In Activity Room)</small> 10:30 – 12:00 – Oaks & Acorns Come visit with the children! 7:00 – Church: Ben & Shirley | 26 FUNKY FRIDAY 9:30 – Make Popcorn Balls to hand out for Halloween 2:00 – Put away Costumes | 27 |
| 28 | 29 2:00 – Pumpkin Carving / Painting / Decorating 7:00 – Movie & Popcorn Night | 30 9:30 – Exercise – YOGA <small>(In Activity Room)</small> 10:45 – Coffee & Readers Group by the Fireplace 2:00 – Cards & Crib | 31 HALLOWEEN 10:30 – Kindergarten Costume Parade, Craft & Snack 1:00 – Set up for Trick or Treaters and get dressed in to costumes 3:00 – Resident & Staff Costume Contest (Dining Room) 4:30 – Trick or Treaters Arrive | Activities to look forward to in November: <ul style="list-style-type: none"> - Pumpkin Parade - Alberta Clothing & AVON - Personal Touch Fashions - Remembrance Day Ceremony - Resident Family Christmas Supper | If there is an activity that you would like to do that we have never done or not done in a long time please let me know. 😊 |  |