



October 2020



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1</p> <p>9:30 – Exercise: CHAIR YOGA</p> <p>2:00 – Knox United Church</p> <p>Drop in for a game of cards after church ,until 4:30</p>	<p>2</p> <p>10:00 – Leaf Art , cool project if you have leaves bring them</p> <p>2:00 – BINGO</p> <p>Birthday cake in the dining room for October Birthdays, come enjoy!</p>	
<p>4</p> 	<p>5</p> <p>10:00 – 6/49</p> <p>2:00 – Cards, you pick the game</p>	<p>6 Happy Birthday Aggie</p> <p>9:30 – Exercise: CHAIR YOGA</p> <p>2:00 – Giant Crossword Puzzle</p>	<p>7</p> <p>10:00 – Readers Group</p> <p>2:00 – Table top Decorations for Thanks Giving</p>	<p>8</p> <p>9:30 – Exercise: CHAIR YOGA</p> <p>2:00 –Seventh Day Advent Church</p> <p>Drop in for a game of cards after church, until 4:30</p>	<p>9 Happy Birthday Paul</p> <p>10:00 –We are connected Project</p> <p>2:00 – BINGO</p>	<p>10</p> 
<p>11</p> 	<p>12</p> <p>STAT HOLIDAY Happy Thanksgiving!</p> 	<p>13</p> <p>9:30 – Exercise: CHAIR YOGA</p> <p>1:30 – Bus Trip today going for A little tour ,remember only 5 residents can sign up.</p>	<p>14</p> <p>10:00 – Readers Group</p> <p>2:00 – Cards, your choice</p>	<p>15</p> <p>9:30 – Exercise: CHAIR YOGA</p> <p>2:00 –Full Gospel</p> <p>Have some spare time, drop in for cards after church !</p>	<p>16</p> <p>10:00 –Yahtzee</p> <p>2:00 – BINGO</p>	<p>17</p> <p>Happy Birthday Madeline</p> 
<p>18</p> 	<p>19</p> <p>10:00 –Paper Quilling</p> <p>2:00 – Decorate Candy Bags For the school kids K to Gr 6</p> <p>Due to Covid we will send Candy Bags to them !</p>	<p>20</p> <p>9:30 – Exercise: CHAIR YOGA</p> <p>2:00 – Small hand held maze</p> <p>This should be interesting LOL, that means laugh out loud.</p>	<p>21</p> <p>10:00 – Readers Group</p> <p>2:00 – Trash (A Card Game) **Bring your Dimes**</p>	<p>22 OFFICE DAY</p> <p>9:30– Exercise: CHAIR YOGA</p> <p>2:00 – Ben and Shirley</p> <p>Even though its Office Day The activity room is still open drop in with your fellow residents and play cards..</p>	<p>23</p> <p>10:00 – Leafy Pumpkins</p> <p>2:00 – BINGO</p> <p>Lets decorate these Pumkins and set around the Lodge !</p>	<p>24</p> 
<p>25</p> 	<p>26</p> <p>10:00 –Halloween Poster</p> <p>2:00 – Movie and Popcorn Bewitched</p> <p>Should be a good one !</p>	<p>27</p> <p>9:30– Exercise: CHAIR YOGA</p> <p>2:00 –Fill Candy Bags for School Kids , will be delivered today Yay !</p>	<p>29</p> <p>10:00 – Readers Group</p> <p>2:00 –The Art of Conversation</p>	<p>30</p> <p>9:30– Exercise: CHAIR YOGA</p> <p>2:00 –Corpus Christi</p>	<p>31 HALLOWEEN</p> <p>10:00 –These Hands Craft</p> <p>2:00 – BINGO</p>	